

Wellness Program Provider Comparison Chart

Company	Wellness Challenges	Gamification	Social Features	Rewards & Incentives	On Demand Resources	Activity Tracking & Integration with Wearable Devices	Free App Available 24/7	Wellness Assessments	Dedicated Wellness Consultant	Custom Elements	Branding	Performance Guarantee
WellSteps	Yes. Peer & individual challenges can be scheduled at any time	Yes	Chat, email & other social tools to share success stories with coworkers	Yes, including incentive fulfillment (merchandise & gift cards)	Videos, articles, meditations, workout programs, recipes	Yes. Supports 20+ devices & platforms, including Apple, Fitbit, Garmin, Google & Strava	Yes, desktop & mobile	Yes, including biometrics & disease management programs	2 dedicated WellSteps Guides reduce workload for onsite coordinators	Yes, all programs are tailored to each client's unique needs	Custom color themes, images, & logos	Yes, with full WellSteps solution
CoreHealth	Yes	Yes	Collaboration & communication	Yes, through integration partners	Micro-learning programs	Yes	Yes, desktop & mobile	Yes	Not Stated	Yes	White label platform	No
Engagement Health Group	Yes	Not Stated	Not Stated	Rewards tracking & incentive administration	Coaching, seminars, videos & educational content	Yes	Not stated	Yes, including biometric screenings & condition management programs	Dedicated health coach	Yes	Not stated	No
	Yes	Yes	Social connectivity & recognition	Rewards tracking & incentive management	Library of educational content & self-guided courses	Yes	Yes, desktop & mobile	Yes, including biometric screenings	Dedicated account management team	Yes	Portal co-branding	No
TotalWellness	Yes	Yes	Not stated	Points tracking	Self-guided coaching, recipes, tip sheets, educational articles, & newsletters	Not stated	Portal (not app)	Yes, including biometric screenings	Dedicated account management	Custom screening questions; programming doesn't appear to be customizable	White label for resellers	No

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Virgin Pulse	Yes	Yes	Daily social interactions	Rewards tracking & fulfillment	Health content, guides, digital health programs & coaching	Yes	Yes, desktop & mobile	Yes, including biometric screenings	Dedicated support	Custom training packages	Not stated	No
Vitality	Yes	Yes	Not stated	Rewards tracking & incentives	Not stated	Yes	Yes, desktop & mobile	Yes, including biometric screenings	Strategy managers	Yes	Not stated	No
WellRight	Yes	Yes	Not stated	Rewards tracking & incentives marketplace	Videos, articles & courses	Yes	Yes, desktop & mobile	Yes, including biometric screenings	Customer success manager	Yes	Yes	No
Wellable	Yes	Yes	Community chat, social sharing & activities	Rewards tracking & incentives	Workout classes, meditation classes & recipes	Yes	Yes, desktop & mobile	Yes	Dedicated account management	Yes	Yes	No
Wellbeats	Yes	Not stated	Scheduled class invitations	Not stated	Virtual workouts, recipes, nutrition classes, meditation, yoga & stress reduction classes	Not stated	Yes, desktop & mobile	Not stated	Support available	Yes	Co-branding	No

** Comparisons were made by an independent party using information found on each company’s website. “Not stated” means we were unable to find a mention of that specific feature on the given website. While we have made every effort to accurately represent each program listed, we acknowledge that programs may include features not included in this chart and/or unstated on their websites, so we cannot warrant complete accuracy. Contact each company to learn about its full range of services and features so you can make a detailed comparison and an educated decision about the best wellness program for your organization.*